



# Creative Life Spiritual Center Science of Mind classes

5326 Spring-Stuebner Road • Spring, Texas 77389-4574 • [info@creativelife.org](mailto:info@creativelife.org) • [www.creativelife.org](http://www.creativelife.org) • (281) 350-5157

STARTING POINT

## HEARTFELT LIVING The Foundational Course

Our basic course is an incredible time together, forming the essence of who we are as a teaching and as a Center. Learn why your thoughts and feelings shape your life's experiences; the steps of spiritual mind treatment (affirmative prayer) and how to use them; how to "trust the process" of life; and connect with other like-hearted people to form authentic friendships. Class involves lecture, much discussion, an experiential workshop, and final projects. Homework is mainly reading; there are no tests or grades. Successful completion is based on class attendance and tuition payment. There are no prerequisites to enroll. Taught by minister **Jesse Jennings**.

**TIME/DURATION:** 11 weeks, three hours per class session. Week 10 — the workshop — runs longer.

**WHEN OFFERED:** Typically offered twice annually, early fall and late winter, alternating weeknight and Saturday morning classes.

**COST:** \$250 tuition plus *The Science of Mind* textbook and a workbook.

ITS COMPANION

## The Essential ERNEST HOLMES

**Ernest Holmes** (1887-1960) was an internationally renowned teacher of spiritual psychology, a beloved scholar, mystic, and prolific author, who founded the entire Religious Science movement of practitioners, ministers, churches and teaching centers. Now required for *Practitioner Training* entry, this the first UCSL course to delve into all of Ernest's writings, feasting on his quiet, devotional writings as well as his impassioned, chalk-in-hand teachings to future leaders. Learn about him, and especially about yourself. Prerequisite is *Heartfelt Living* (the *Foundational Course*). Taught by minister **Jesse Jennings**, who wrote both the text and this course.

**TIME/DURATION:** 10 weeks, three hours per class session.

**WHEN OFFERED:** Annually in early summer, usually on a weeknight.

**COST:** \$250 tuition plus *The Essential Ernest Holmes* book and a workbook.

TOWARD COURSE

## SPIRIT in Motion

Here's a life-changing course drawn from the work of Judge Thomas Troward, one of the modern-era pioneers of our teaching, who so artfully describes the creative process that you'll slap your head and say, "Now I get it!" 8 weeks, 3 hours per week. Offered biennially. \$200 tuition plus books.

HISTORY/PHILOSOPHY

## From Whence We Came

New, written by Jesse Jennings! Trace the origins of our teaching from antiquity, through the Renaissance and Enlightenment, into the 19th century founding of the New Thought movement, and thence right up to this day. 10 weeks, 3 hours per week. \$250 tuition plus books.

CONSCIOUSNESS

## MEDITATION is More Than You Think

Topics include meditation in many different modalities: with light, mantras, sounds, movement, breathing, and more. Each week is very experiential, with various forms of meditation the student can use to create a richer practice at home. 8 weeks, 3 hours per week. \$200 tuition plus books.

CONSCIOUSNESS

## The Power of Your WORD

When we speak our word in faith believing, mountains move. This is a course on the power of spiritual mind treatment to heal and manifest. Each week is a thoughtful approach to the deeper understandings of prayer: the impact of creative law and beliefs, what to pray for, affirmative treatment, and the state of continuous prayer, with experiential exercises to give these ideas a reality. 8 weeks, 3 hours per week. Offered periodically. \$200 tuition plus books.

## Practical MYSTICISM

This course explores mysticism and provides a framework for living the mystical life here and now. Here, you'll learn four types of meditation, practice the presence of God, discover "witness" consciousness, plus gain much more insight into spiritual mind treatment, in a combination of discussion and periods of silent and guided meditation, plus a very moving closing ceremony. 10 weeks, three hours per week. Tuition is \$250 plus books. Offered annually.

ELECTIVES

## Bible Wisdom

How we use it, why it can help  
10 weeks, \$250 tuition plus books

## Five Gifts...

Come feel the lushness of life  
8 weeks, \$220 tuition plus books

## Seven Spiritual Laws

Based on Deepak Chopra's book  
8 weeks, \$220 tuition plus books

## Successful Living

Setting intentions to manifest  
8 weeks, \$220 tuition plus books

## Emerson's Essays

Inspiring so many to higher thought  
8 weeks, \$220 tuition plus books

## Magic of the Soul

Honoring our divinity and humanity  
8 weeks, \$220 tuition plus books

## Shortcut to a Miracle

SOM in light of quantum physics...  
8 weeks, \$250 tuition plus books

## This Thing Called You

How to increase your faith  
8 weeks, \$220 tuition plus books

## Emma Curtis Hopkins

Wisdom of the "teacher of teachers"  
8 weeks, \$220 tuition plus books

## Mind/Body Connection

Emotion, prayer and the body  
8 weeks, \$220 tuition plus books

## Spiritual Economics

Sensible, solution-oriented thinking  
8 weeks, \$220 tuition plus books

## Visioning

Uncovering your deep-level choice  
8 weeks, \$220 tuition plus books

## Financial Freedom

Money as tool for inner healing  
8 weeks, \$220 tuition plus workbook

## Power of Decision

On choosing wisely and well  
8 weeks, \$220 tuition plus books

## Spiritual Fitness

Living in truth and trust  
8 weeks, \$220 tuition plus books

## What the Mystics Knew

Timeless and eternal nature of Spirit  
8 weeks, \$220 tuition plus books

INNER WORK

## Our World WITHIN

Formerly *Practitioner I*, this new course incorporates the best of that material but the focus is now squarely on personal healing and strengthening, rather than professional preparation. Here you'll be led to meet your inner world of choices, old patterns of thought and belief, integrating the various parts of yourself and releasing what no longer works. 30 weeks, 3 hours per week. \$600 tuition plus books.

SERVING OTHERS

## PRACTITIONER Training

Train for licensing as a UCSL practitioner in service to the Creative Life community. Learn how to work with clients, taking their desires into treatment. The courses entails much academic study, field work, and volunteer service at CLC. See the reverse for more information on this. 90 hours spread over 30 weeks; may sometimes be held on weekends. Offered when there's a demand. \$600 tuition plus many books.



# Creative Life Spiritual Center

## Science of Mind classes

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### Overview

**Our mission and vision.** The Science of Mind is a philosophy, a faith, and a way of life, dedicated to awakening the conscious experience and expression of every person's divine nature. Creative Life Spiritual Center is a spiritual organization committed to presenting the Science of Mind path clearly and effectively through prayer, community, teaching, the arts, and service to the world.

**Our educational philosophy** is to present the Science of Mind in an impactful and exciting educational model through which students may experience the spiritual reality of their being. This model recognizes that all aspects of life are spiritual, as the curriculum speaks to the intellectual, emotional and physical aspects of contemporary living. The intention is to communicate in modern language, while providing teaching methods based on the best that is known about adult learning and consciousness development.

**General notes.** We offer the full curriculum of Centers for Spiritual Living [CSL] coursework, including a foundational course (*Heartfelt Living*); 14 intermediate courses; *Our World Within*, an intensive inner healing and spiritual development course; and professional practitioner training. More intermediate, elective courses are continually being added. Our courses range in duration from 8 to 30 weeks. Courses are taught by CLC ministers and practitioners, and meet either weekday evenings or weekend mornings or afternoons. When there is sufficient demand, weekday classes are added.

**Certification.** These courses are certificated by CSL, which simply means graduates receive a certificate and a record of class hours is kept at our headquarters in Golden, Colorado. These courses are not accredited by any higher education accrediting body for use by any degree-granting institution, nor does Creative Life grant degrees. They are for personal growth and, in the case of the professional practitioner training, may lead to the opportunity to license with CSL as a professional practitioner. For information on ministerial training, please visit [www.holmesinstitute.org](http://www.holmesinstitute.org) or [www.onespiritinterfaith.org](http://www.onespiritinterfaith.org).

**Prerequisites.** There are no educational requirements to enter our coursework beyond basic literacy. Once enrolled, *Heartfelt Living* is a prerequisite to future courses. Admission into *Our World Within* requires successful completion of a minimum of seven (7) courses: *Heartfelt Living*, *The Essential Ernest Holmes*, *From Whence We Came*, and one course each from the **Toward**, **Consciousness**, and **Electives** modules. Admission into practitioner training requires completion of *Our World Within*, plus other considerations (see below). Some courses are offered annually, others biennially (every other year), and some as demand warrants. The minimum number of first-time students required for a course to make will be announced in the course advertising.

**Order of classes.** *Heartfelt Living* must be completed first. The student's choice of any of the intermediate courses may be taken in any order. Then *Our World Within* may be taken, followed by *Practitioner Training* if desired.

**Tuition and fees.** Specific tuition rates as of January 2014 are shown on the reverse. All prices are subject to change. Tuition may be paid by cash, check, major credit cards, or Paypal. Tuition payments may be spread out over the duration of a course, with any remaining balance due during the final class session — except for *Our World Within* and *Practitioner Training*, where each of the three terms must be prepaid. Prior graduates wishing to retake a course should see "Audits," below. A student dropping a class may request a refund pro-rated by the number of sessions attended, or ask us to hold the balance to apply to a future class.

**Books.** Most courses require one or more textbooks, and a course workbook, which are not included in the tuition amount, and are available in our bookstore. Course workbooks are available for purchase on the Sunday immediately prior to each course starting. All books must be paid for in full at the time they are acquired, and are returnable only if in unused condition.

**Audits.** Any student having completed a course at this or any other CSL center (including former UCRS or RSI centers or churches) may retake that course free of tuition, paying only for books and for re-certification (\$45), if desired. Audit students are expected to retake the full course, not just drop in on individual class sessions, and priority in the class discussions and exercises is given to first-time students.

**Attendance.** Typically, a student must attend 80% or more of the class sessions to receive credit. Special circumstances may be taken into account. Unless pre-registered, new students may not join a class after the conclusion of the second class session. Due to confidentiality concerns, non-enrolled visitors are not permitted in any of our classes.

**Practitioner training.** Admission into practitioner training requires completion of *Our World Within* and all its prerequisite courses, whether taken here or at another CSL institution. Other requirements include an interview; having held membership at Creative Life for six months or more prior to the course starting; a background check; and numerous other agreements and contracts. Upon completion, a written and oral exam are administered by our headquarters. Service as a Creative Life practitioner entails a significant commitment to personal spiritual development, service to others, and heavy volunteer involvement in the daily life of our Center. If you feel drawn to this form of service, please speak with our director of practitioner training, **Rev. Marsha Lehman**, at [marsha.lehman@creativelife.org](mailto:marsha.lehman@creativelife.org)