

Creative Life Spiritual Center

Our twenty-third year!

Jesse G. Jennings, Founding Minister



February





Creative Life couples are invited to renew their wedding or holy union vows in a very special ceremony, in the courtyard or Great Hall, depending on the weather. Please sign up in Builders' Hall to participate. There is no charge for this service and you're welcome to invite family and other guests. Sunday, February 15 at 1pm.

info@creativelife.org

Hans York to perform



German-born, Seattlebased, award-winning singer/songwriter and multiinstrumentalist Hans York accompanied Robert Palmer on German TV, toured as

bassist with the New York Broadway Ensemble, played throughout Europe with master harp player Rüdiger Oppermann, performed a concerto as soloist on fretless bass with the "Ars Quittilinga" Chamber Orchestra (Concerto written by contemporary German composer Thomas König). Hans York co-founded the German Worldmusic cult band Moka Efti and recorded three CDs with them. He'll perform during both our morning celebrations on Sunday, February 15.

Sunday Mornings in February The Experience of NNER HEALIN



The best of your life is about to begin!

- F Learn how thoughts and feelings combine to form beliefs—and shape our life experiences...
- Discover how well spiritual mind treatment (affirmative prayer) works, in every area of life...
 - Gift yourself with a delightful, nurturing experiential playshop...
- Share your creativity in an artistic, musical or literary project during the closing celebration...
 - Connect with a group of other like-hearted people to form lifelong friendships...

Frankly, the course is pure magic: just ask any graduate! In this new format, it's Monday afternoons through April 6 led by minister Jesse Jennings and practitioner Yvonne Ryba. Tuition is \$250 (payable in installments and/or by credit card) plus required books — The Science of Mind and a workbook — both available in our bookstore. The class began on January 26 and will remain open for one more week. E-mail info@creativelife.org to enroll.

Mondays, 3-6pm • You may still join through February 2







We're Grateful For...

Practitioner Sandra Check, who led the annual World Healing Meditation on New Year's Eve morning, and is co-facilitating the new Good Life group with Bill Downs (see pg. 4)...

- ▼ Practitioners Barbara Baldwin and Gary McMIllen, and Phyllis Del Pico, for their leadership of the Prosperity Group over the past three years...
- ▼ Michael Gott, for his wonderful performances and outstanding choral workshop on Sunday, January 11...
- ▶ Practitioner Bill MacKenzie, who has begun his fifth? sixth? year as facilitator of our A Course in Miracles group...
- ▼ Ron DeLorme, for installing a new thermostat and supervising the camera work on the septic lines...
- ▼ Donna & Jay Thorwaldson, for their donation of old Center tapes and CDs...
- Children's Circle teachers Libby Beckhelm, Gayle Haulbrook, Jayne Leopold, Debra Morwood, Cindy Thornby, and René Wemple...
- Practitioner Yvonne Ryba, who is assisting in the Winter/Spring offering of Heartfelt Living class (see the front cover)...

Donations by Mail

These folks mailed in a gift between December 28 and January 27. Thank you!

Bill Bayha & Barbara Talley
Linda Benthall

Deanna & Max Bordelon

Deanna & Max Bordelon
Daphne Brooks-Reed
Rev. Myokei Caine-Barrett
Jan DeVries
David Ferrier
Jan Gauvain & Stanley Tartakov
Judy Henry
Mary Mabry
Michael & Nancy Martin
Malené Njeri

Iohn Rennie

Christening

Isabella Rose

Gilbert, daughter of

Louise & Michael, was

welcomed to our world in a

ceremony on Sunday, January 18.

From the Annual Meeting

Our annual business meeting took place on Sunday, January 25. Three themes stood out in the reports given by our Treasurer, Debra Morwood, Board President Ron DeLorme, and Senior Minister Jesse Jennings, along with blood drive representative Shirley Sandlin. One was that 2008 was the most prosperous year in our Center's history, enabling us to rebuild reserves that had been depleted in the property acquisition. Another was that the Board's vision for 2009 is of a "blank canvas," whereby the property is cleaned and readied for development in 2010. A third was the wonderful outpouring of support for the Center and each other in the aftermath of Hurricane Ike, ranging from all the volunteers who showed up to clean up the CLC campus and members' damaged homes, to the practitioners and board members who placed calls to all 385 members to assess needs. And a fourth, brought up by Shirley, was that amid all this the 2008 blood drives were our most successful, setting records on two occasions.

Following reports, it was time for the presentation of the 7th annual Super-K Award, named for Agnete Katherman (1915-2000), for our most effective and enthusiastic greeter of newcomers...presented to Shirley Sandlin. Then Board elections were held. There being two nominees — Ron DeLorme and Franceska Perot-Starcevic — they were elected by acclamation. The the Board elected officers, who are listed at right and look forward to hearing from you. The next annual meeting will happen on the evening of January 31, 2010.

Creative Life Spiritual Center

"I never knew there was a place that teaches what I've always believed!"

5326 Spring-Stuebner Road Spring, Texas 77389-4574

Creative Life is a spiritual community in suburban Houston, Texas, teaching and living the Science of Mind, a transformational path first articulated by the American philosopher Ernest Shurtleff Holmes (1887-1960). We have activities for all people and interests, and welcome everyone, especially those for whom traditional Western religion has seemingly had no place. Serving greater Houston since 1985, Creative Life is a member of the United Centers for Spiritual Living (formerly known as the United Church of Religious Science), which dates from 1927. "Science of Mind" and the circle-and-v symbol are registered trademarks. Membership in our Center is a statement of your commitment to your own spiritual process, using the principles taught here as a springboard, as well as a way of shaping our Center's collective future and enjoying a symbiotic, caring relationship. No prior spiritual affiliation need be renounced in order to join us. Membership request cards can be found in the Great Hall vestibule, bookstore or requested by mail or email. Our next new member orientation happens next month.

CLC Board of Trustees

Ron DeLorme, President rdelorme@sbcglobal.net

Franceska Perot-Starcevic, V. P.

fdperot@sbcglobal.net

Jesse Jennings, Secretary info@creativelife.org

Debra Morwood, *Treasurer* debramorwood@sbcglobal.net

Melody Berryman melodyberryman@sbcglobal.net

Nancy Bonilla-May nbm8@aol.com

Carthel Smejkal

sidhe_signs@yahoo.com



Intermediate Science of Mind Course

Meditation is More Than You Think



New! • Open to all! No prerequisites. Here is the next of the new Science of Mind courses our headguarters has rolled out. In these eight weeks, discover what meditation can do for you;

learn about and experience all eight of the basic types of meditation, so you can determine which one(s) work for your personality and lifestyle; begin to use one...or many; answer questions like what is meditation and what is its purpose? What are some of the benefits of meditating? What helps and what recently is invited to a short gethinders meditating? Which meditation type best fits my lifestyle? Discuss and experience the following styles of meditation: visualization, color, guided imagery, tone, breathing, movement, writing, chanting, mantra and Big Mind. Tuition is \$175 plus books: An Easy Guide to Meditation (Roy Eugene Davis) and your choice of How to Meditate (Lawrence LeShan) or Journey of Awakening (Ram Dass). Your facilitators will be practitioners **Valinda Huckabay** and Jayne Leopold. Tuesdays, starting Bloodmobile on site from 9am to 1pm. March 10, through April 28, 7-10pm, in Builders' Hall. The course is open to everyone and if you have completed Heartfelt Living, you will receive credit for this course that may be applied to the hours needed for admission into Practitioner training. Sign up in Builders' Hall. More info:

valinda.huckabay@yahoo.com one withspirit@yahoo.com

Want to carpool to services? **Email Carthel Smejkal at** sidhe sings@yahoo.com

price includes show ticket and

with all the fixin's

courtesy of the Stumps and all the cast

raffles

produced by Nancy Bonilla-May nbm8@aol.com

Small Potatoes is Jacquie Manning and Rich Prezioso. This Chicago-based duo has been touring on the folk circuit since 1993 and in that time they've become sought-after regulars at many clubs, coffeehouses across the U.S. They have made repeat appearances at major folk festivals, including the Kerrville Folk Festival, the Walnut Valley Folk Festival, and Philadelphia Folk Festival. They were one of the "most requested" acts at the 1999 Falcon Ridge New Artist Showcase. Jacquie is also a past winner of the Kerrville New Folk Songwriting Contest.

SUNDAY EVENING. MARCH 15

New Member Gathering

Everyone who has joined our Center together, orientation and questionand-answer session in Builders' Hall on Sunday, Feb. 22 at Ipm. Meet trustees, practitioners, and each other. Watch the mail for your invitation!

Spring Blood Drive



Our next blood drive is scheduled for Sunday, March 15, with potluck snacks for the donors in Builders' Hall, and the

Volunteers are gratefully accepted to set up for and clean up after the brunch; the event team is Ruth Catalogna, Terri Fears, Tom Hooper and Shirley Sandlin. Please visit www.giveblood.org for

more information on donating. Our goal is 50 (!) qualified donors. Sign up in Builders' Hall to schedule a donation time (or make an appointment online at www.giveblood.org) and indicate what food you'll bring.

racatalogna@hotmail.com teresalynnfears@yahoo.com

PJ Party Retreat

Calling all CLC women (and our many other women friends). Please save the date of March 28 (all day) and March 29 (all night) for our first ever all day and all night PJ PARTY RE-TREAT! Women can register for this Event Extravaganza beginning lanuary 28. Be on the alert for more details to come. Email xlr8coach@aol.com.

Center Recordings



Jesse's Sunday encouragements, plus the opening meditation and closing treatment, are available on either CD or audio cassette. By mail sub-

scription: prices are \$60 for 3 mos.; \$115 for 6 mos.; \$200 for a year; or \$350 for two years. Domestic postage is included. Subscribe in the bookstore, and you'll receive a shipment every two weeks. Individual sales: tapes (two Sundays) are \$6, and CDs (one Sunday) are \$4. Use the bookstore clipboard to order, and yours will be behind the counter when ready for pickup, or add \$2 postage for each item. Wednesday evening talks are also available for individual purchase.

Adventures

Vision Board workshop



Wednesday, February 4, from 5:30-7pm, meeting in place of that week's "Good Life" group, and

led by CLC member **Phyllis Del Pico**; email her or call if you would like to attend! Phyllis sez: "Decide to create intention and synergy for attracting your desires by joining us! We will provide inspirational meditation and instruction time, poster boards, scissors and glue. You bring pictures and words that evoke feeling for you to attach. Recommended giving to CLC \$27 per attendee." Register today for supplies and to receive advance images and affirmations by contacting Phyllis:

coach@imageforsuccess.com

Thursday Yoga



Sonya Nelson

Drop in to hang around and upside down! Forrest Yoga happens Thursdays from 5:15-6:30 p.m. in Katherman Hall with practitioner and yoga instructor **Sonya**

Nelson. Wear loose, comfortable clothing and do not eat two hours prior to class start time. Bring a yoga mat and a willingness to stretch your horizons! Arrive 10-15 minutes early if you've not yet met Sonya so she can assess your injuries and needs. Tuition is \$15 to CLC. No yoga class on February 19.

beginwithin@comcast.net

Interfaith dinners

The Spring Area Interfaith Coalition will be holding a series of dinners in the homes of volunteers attended by 8-10 people from a diversity of faith traditions to enjoy an evening meal and conversation. The goal is to build community across faith tradition lines. We're seeking volunteers who are willing to hold a dinner in their home. The date is Thursday, April 23. Please call **Ken Kenegos**:

kkenegos@earthlink.net

Midweek Celebrations

Why We Believe What We Do, with practitioner Bill MacKenzie, music by Lilia

Pellicano

Out of Corners, Real or Imagined, with minister Jesse Jennings, music by Rachel Lino

Internal Re-Creation: Positive, Loving, Beautiful, with Jesse Jennings, verse by Dick Schmelzkopf **7pm Wednesdays**At Last:

At Last: The Peace of Fulfillment and Gratitude, with minister Jesse Jennings, music by Bob Pryor

WEDNESDAYS

The Good Life group





meets Wednesdays from 5:30 to 6:45 or so. The format is to start with a meditation which will ground and center us and also allow anyone who can't be there exactly at 5:30 to join a little later. The discussion starts no later than 6pm and is sometimes accompanied by a worksheet, small group, or experiential activity. The first book we're working with Raymond Charles Barker's *Treat Yourself to Life*, available in the bookstore. The group is led by practitioner **Sandra Check** and **Bill Downs**.

sandra.check@sbcglobal.net whd1@sbcglobal.net

Bill Downs

THURSDAYS Lunch of Like Minds



A bunch of CLCers lunch together Thursdays at different restaurants from 1960 to The Woodlands, and you're invited! To get on the invitation list: **Cathy MacKenzie**, cmackz@comcast.net

A Course in Miracles discussions



A Course in Miracles is "a unique, universal, self-study spiritual thought system that teaches the way to Love and Inner Peace is through forgiveness." (www.acim.org) We're in our fifth year of regular weekly meetings and this month we will be starting over in the ACIM Text. With practitioner **Bill MacKenzie** at 7pm Thursdays in the library. Open to all; join anytime. Donation.

More info: billmackz@gmail.com

CLC's Fun-Loving Singles



This group is for all Creative Life Spiritual Center friends or members who are single, divorced or widowed and age 21 or over. We welcome all singles regardless of ethnicity, gender, or sexual orientation, who are interested in a safe, open environment to meet, form friendships, participate in group events and just have FUN!

The goal of the group is to promote camaraderie among singles. It is not a matchmaking or therapy support group. We will generally meet at least once a month after late services on a Sunday for lunch, and additional events will be posted on our website. Some of the types of events we enjoy are group lunches • holiday meets • movies, plays, live music • Renfest • Field trips to zoo, museums, etc. • much more. If you wish to participate, please email **Bob Pryor** or **Lilia Reade-Pellicano** for more information on how to join.

robertmpryor@comcast.net lprpellicano@aol.com

Celebration

Sunday Book Study



Do you often feel at the mercy of external forces in your life? If so, come join the morning book study to discuss Playing the Quantum Field: How Changing Your

Choices Can Change Your Life, by

Brenda Anderson, available here. She presents a fresh approach to everyday life based on the premise that everyone and everything is interconnected, and she shows you how to play the quantum field to create success and joy at home or on the job. She posits that the old rules no longer apply and presents a new set, which includes ten energetic choices you can make to take control of your life and move into what she calls the Power Zone. We'll begin on Feb. 8. With practitioner Debra Morwood, 9:45-10:45am Sundays in the youth wing. Donation. debramorwood@sbcglobal.net

Sunday Yoga

Practitioner and certified yoga instructor Sonya Nelson will begin a six-class series February I at 4pm, and you can still join. Strength, flexibility and experience are not required; only a willingness to feel authentically and be open to learning is necessary. Classes run through March 15 with Feb. 22 off. Tuition is \$75 (payable to CLC). Wear loose, comfortable clothing and do not eat two hours prior to start time. You'll need a yoga mat; some loaners will be on hand. beginwithin@comcast.net

Guided Meditations



Come open yourself up to the spirit of the morning as either practitioner Malené Njeri or Shirley Sandlin will lead half-hour guided

Malené Njeri meditations in the meditation room (off the south lobby of the education building, downstairs) on Sundays from 10:20-10:50am.

> njerim@sbcglobal.net shirleysandlin@sbcglobal.net

Come at 9:30 or 11:00 to enjoy the new series



"I Love Myself the Way I Am"

A chance to sing, laugh, and be here now

Evocation

Centering ourselves in the eternal moment

"Universal Love Enfolds Me"

A time to deepen within, and then connect with each other

Musical Moment

with Geoffry Oshman, the CLC Singers, and friends

Encouragement

A talk by minister Jesse Jennings on conscious living today



Spiritual Mind Treatment

An affirmative prayer, the heart of our spiritual practice

Group Song

An old favorite, or the latest new song we're starting to learn!

Giving Time

Divine love, through me, blesses and multiplies all the good I am and have, all the good I give and receive. I am prosperous now, and so it is!

Musical Moment 2

with Geoffry Oshman, the CLC Singers, and friends

Closing Circle and "Peace Song"

Something wonderful is happening through you right now!



CLC's Practitioner Team

Mind remakes your world!

Our licensed Religious Science practitioners are trained in the art and science of spiritual support using affirmative prayer, and are committed to serving your needs. Have a new goal, an old problem, or a question about applying our teaching? Work with a practitioner and watch what happens with conscious use of the Law of Mind. Access them by leaving a prayer request in of the boxes, by attending one of their events (see at right), or by appointment. Events are donation-based or free; appointments are fee-based.

Barbara Baldwin, RSc.P.

barb.a.baldwin@gmail.com

Lynn Beckett, RSc.P. mlbgrateful@hotmail.com

Rev. Cathy Bennett, RSc.F. revcathy@hotmail.com

Deanna Bordelon, RSc.P. deannahas4@yahoo.com

Sheryl Boyle, RSc.P. sherylboyle@yahoo.com

Myokei Caine-Barrett, RSc.P. myokei@comcast.net

> Sandra Check, RSc.P. sandra.check@sbcglobal.net

John Dantche, RSc.P. jdantche@earthlink.net

Debby Gibson, RSc.P. debbygibson@indian-creek.net

Valinda Huckabay, RSc.P. valinda.huckabay@yahoo.com

Rev. Marsha Lehman, M.Ed., M.A. xlr8coach@aol.com

> Jayne Leopold, RSc.P. one_withspirit@yahoo.com

billmackz@gmail.com

Cathy MacKenzie, RSc.P. cmackz@comcast.net

exceptionalhomes@sbcglobal.net Debra Griffin Miller

Debra Morwood, RSc.P.

Sonya Nelson, RSc.P. beginwithin@comcast.net

Malené Nieri, RSc.P.

Lilia Reade-Pellicano, RSc.P. lprpellicano@aol.com

Ann Richardson, RSc.P. to_be_for_love@yahoo.com

Tammie Sheets, RSc.P.

Marion Wright, RSc.P.

Bill MacKenzie, RSc.P.

Gary McMillen, RSc.P.

1956 - 2008

debramorwood@sbcglobal.net

njerim@sbcglobal.net

Yvonne Ryba, RSc.P. cephe6@aol.com

coralreef17@gmail.com

marionthelibrarian@sbcglobal.net

Symptoms of Inner Peace

by Saskia Davis

Be on the lookout for symptoms of inner peace. The hearts of a great many have already been expose to inner peace and it is possible that people everywhere could come down with it in epidemic proportions. This could pose a serious threat to what has, up to now, been a fairly stable condition of conflict in the world. Some signs and symptoms of inner peace:

- A tendency to think and act spontaneously rather than on fears based on past experiences
- An unmistakable ability to enjoy each moment
- A loss of interest in judging other people
- A loss of interest in judging self
- A loss of interest in interpreting the actions of others
- A loss of interest in conflict
- A loss of the ability to worry (This is a very serious symptom.)
- Frequent, overwhelming episodes of appreciation
- Contented feelings of connectedness with others and nature
- Frequent attacks of smiling
- An increasing tendency to let things happen rather than make them happen
- An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it

Warning: If you have some or all of the above symptoms, please be advised that your condition of inner peace may be so far advanced as to not be curable. If you are exposed to anyone exhibiting any of these symptoms, remain exposed only at your own risk.

Power Up Prayer What exactly with Positive What exactly is a "Religious Science practitioner"? Literally, a practitioner is anybody who practices something; our Religious Science practitioners are trained in the art and science of spiritual support using affirmative prayer, and are committed to serving your needs. Each has spent literally hundreds of hours in training, to direct natural compassion into helping you through listening, caring, and using spiritual mind treatment — affirmative prayer — to reveal the truth of you that is greater than any apparent limitation. Each is licensed by the United Centers for Spiritual Living, and

Help is Nearby

engages in ongoing study and spiritual

development.

Our Creative Life practitioners are outstanding spiritual support persons, available to lovingly and confidentially assist you, and are at your service...

- Sundays at "The Power of Prayer" in the Practitioners' Loft, where requests are received and acted upon in a small group setting, or with the practitioner of your choice in the Great Hall or garden for a quick "meet and treat"...
- By appointment, on an individual fee basis for a one-hour session of spiritual support and treatment...
- CLC members receive an annual invitation by mail for a free "birthday checkup" with the practitioner of your choice (see list at left). Just pick up a form in the Practitioners' Loft and call for your appointment...
- More options requesting and receiving prayer support include using a form on our website by going to www.creativelife.org/links/ prayerrequest.php. Further, trained, skilled practitioners await your call to the UCSL World Ministry of Prayer, 24 hours a day, every day at (800) 421-9600 or by email to prayer@wmop.org.



Creative Life Spiritual Center 5326 Spring-Stuebner Rd. Spring, TX 77389-4574 info@creativelife.org www.creativelife.org (281) 350-5157

February 2009

EVENT KEY
Celebration service
SOM certificated class
Other class/group/wkshp

Meditation/prayer/ritual
Musical event
Social/service event
Youth event

(281) 350-5157						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Celebrations 9:30 & 11 A Power, Intelligence and Wisdom Greater Than My Own Jesse Jennings No Book study today Power of Prayer 10:30/12 Meditation 10:20am Children's Circle 11am Music rehearsal 12:30 Yoga 4pm	Practitioner I class #13 • 7pm	Distance Learning Visioning as a Spiritual Practice class #5 • 6-8pm	Vision Board workshop 5:30pm Midweek celebration: Why We Believe What We Do Bill MacKenzie • 7pm	5 Lunch of Like Minds offsite • noon Yoga 5:15-6:30pm A Course in Miracles 7pm	6	7
Recelebrations 9:30 & 11 Personal Responsibility and the Conflicts of the Ego Jesse Jennings Book study 9:45am Power of Proyer 10:30/12 Meditation 10:20am Children's Circle 11am Music rehearsal 12:30 Yoga 4pm	Heartfelt Living class #3 · 3pm Practitioner II class #15 · 6:30pm Practitioner I class #14 · 7pm	Distance Learning Visioning as a Spiritual Practice class #6 · 6-8pm	The Good Life group 5:15pm Midweek celebration: Praying Out of Corners, Real or Imagined Jesse Jennings • 7pm CLC Board meeting • 8:30pm	12 Lunch of Like Minds offsite · noon Yoga 5:15-6:30pm A Course in Miracles 7pm	13	14 Valentine's Day
15 Celebrations 9:30 & 11 Involution and Evolution: How Creation Happens Jesse Jennings Musical guest: Hans York Book study 9:45am Power of Prayer 10:30/12 Meditation 10:20am Children's Circle 11am Renewal of Vows ceremony 1pm Yoga 4pm	16 (Presidents' Day Heartfelt Living class #4 · 3pm Practitioner II class #16 · 6:30pm Practitioner I class #15 · 7pm	Distance Learning Visioning as a Spiritual Practice class #7 · 6-8pm	The Good Life group 5:15pm Midweek celebration: Internal Re-Creation: Positive, Loving, Beautiful Jesse Jennings • 7pm	19 Lunch of Like Minds offsite • noon No Yoga tonight A Course in Miracles 7pm	20	21
22 Celebrations 9:30 & 11 Infinite Spirit and Immutable Law Jesse Jennings Book study 9:45am Power of Prayer 10:30/12 Meditation 10:20am Children's Circle 11am Music rehearsal 12:30 New Member Orientation 1pm No Yoga today	Practitioner I class #16 · 7pm	24 Mardi Gras Distance Learning Visioning as a Spiritual Practice final class • 6-8pm	25 ● Ash Wednesday The Good Life group 5:15pm Midweek celebration: At Last: The Peace of Fulfillment and Gratitude Jesse Jennings • 7pm	26 Lunch of Like Minds offsite • noon Yoga 5:15-6:30pm A Course in Miracles 7pm	27	28
March 1 Celebrations 9:30 & 11 Infinite Spirit and Immutable Law Jesse Jennings Book study 9:45am Power of Prayer 10:30/12 Meditation 10:20am Children's Circle 11am Music rehearsal 12:30 Yoga 4pm	March 2 Heartfelt Living class #6 · 3pm Practitioner II class #18 · 6:30pm Practitioner I class #17 · 7pm	March 3	THE STATE OF THE S	College Colleg		